

Held under the sanction of USA Swimming

NJ Swimming:	<u>NJ Swimming Sanction Document</u>		
Date of Meet:	Saturday July 19th-Sunday July 20th, 2025		
Facility:	<u>Sonny Werblin Recreation Center, Rutgers University</u> <i>(link to facility location & directions, and pool certification information)</i>		
Host Team Contact:	Michael Randazzo	908-448-8476	<u>EasternExpressSwimTeam@gmail.com</u>
Meet Director:	Ellen Mace	609-558-0988	<u>besmarttinc@gmail.com</u>
Meet Referees:	Janice Rein		<u>janice.rein@rutgers.edu</u>
Admin Officials:	Be Smartt		<u>besmarttinc@gmail.com</u>
Safety Marshall:	Kevin Dobson Shannon Nelson		<u>EasternExpressSwimTeam@gmail.com</u>
Entry Coordinator:	Be Smartt Inc	609-558-0988	<u>besmarttinc@gmail.com</u>
Entries Open:	Monday June 23rd, 2025, at 6:00am		
Entry Deadline:	Friday July 11th, 2025, at 6:00pm or when the meet fills.		
Swimmer Age	Swimmer ages for this meet are as of: July 19th, 2025		
Entry Fees:	Individual Entry: Individual Event: \$10 Relay Event: \$16 1650 Freestyle: \$16 <i>There will be a \$25 per swimmer surcharge.</i>		
Meet Course:	Short Course Yards (SCY), converted times are acceptable.		
Meet Format:	* This meet will be run as timed finals. * There will be Open events. * There are minimum (“faster than”) time standards for this meet for events 200 yards and longer. • This meet will be deck seeded with coaches checking in/scratching all swimmers and relays. Once a session has been seeded, swimmers will be responsible for reporting to the blocks on their own.		
Entry Limits:	Daily: 4 Individual Events 1 Relay	Meet: 8 Individual Events 2 Relays	
Checks Payable To:	Express Sports Inc		
Email Entry Files To:	<u>besmarttinc@gmail.com</u>		
Checks/Waivers:	Bring to the first session of the meet where the team is competing.		

Tentative Meet Schedule

This schedule is tentative pending receipt of entries.

Depending on the entries, sessions may be combined or split.

The complete schedule with session warm-up and start times will be established when all entries have been received and a timeline developed.

The schedule will be published on the meet website, the meet section of the NJS website, and e-mailed to the coaches of participating teams.

Saturday		
Session 1	Afternoon	Women
Session 2	Late Afternoon	Men
Sunday		
Session 3	Afternoon	Women
Session 4	Late Afternoon	1650 Freestyle
Session 5	Evening	Men

Scoring:	No team scoring.
Awards:	No awards.
Starts:	'Fly-over/Over-the-top' starts may be used during this meet
Admissions and Programs:	- Rutgers will be selling a limited number of tickets on a session-by-session basis for the meet. Tickets will go on sale the Tuesday before the meet. Tickets may be purchased at go.rutgers.edu/swimmeet-tickets. - Programs will be available via the Meet Mobile app (fee) and on besmarttinc.com (free).
Concessions:	Rutgers will be selling snacks and drinks.
Vendor:	None.
Internet Website Posting:	Internet location for all meet information: http://www.besmarttinc.com
Meet Requirement Statement:	In order to be eligible for the NJ Swimming Zone Championship Team or for NJ Swimming Athlete Travel Grants for sectional and national level meets, NJ Swimming policy stipulates certain participation requirements. As a NJ Swimming sanctioned meet, this meet counts toward those participation requirements.

Event List

#	Event	Equal/ Faster
Session: 1 Saturday Women		
1	Women 200 Medley Relay	
3	Women 200 Freestyle	2:59.99
5	Women 100 IM	
7	Women 400 IM	5:39.99
9	Women 50 Freestyle	
11	Women 100 Breaststroke	
13	Women 50 Butterfly	
15	Women 100 Backstroke	
17	Women 200 Butterfly	2:59.99

#	Event	Equal/ Faster
Session: 2 Saturday Men		
2	Men 200 Medley Relay	
4	Men 200 Freestyle	2:59.99
6	Men 100 IM	
8	Men 400 IM	5:39.99
10	Men 50 Freestyle	
12	Men 100 Breaststroke	
14	Men 50 Butterfly	
16	Men 100 Backstroke	
18	Men 200 Butterfly	2:59.99

#	Event	Equal/ Faster
Session: 3 Sunday Women		
21	Women 100 Butterfly	
23	Women 50 Backstroke	
25	Women 200 Backstroke	2:59.99
27	Women 100 Freestyle	
29	Women 50 Breaststroke	
31	Women 200 Breaststroke	3:09.99
33	Women 200 IM	2:59.99
35	Women 200 Freestyle Relay	
37	Women 500 Freestyle	6:19.99

#	Event	Equal/ Faster
Session: 4 Sunday 1650 Freestyle		
19	Women 1650 Freestyle	23:42.89
20	Men 1650 Freestyle	22:22.89

#	Event	Equal/ Faster
Session: 4 Sunday Men		
20	Men 100 Butterfly	
22	Men 50 Backstroke	
24	Men 200 Backstroke	2:59.99
26	Men 100 Freestyle	
28	Men 50 Breaststroke	
30	Men 200 Breaststroke	3:09.99
32	Men 200 IM	2:59.99
34	Men 200 Freestyle Relay	
36	Men 500 Freestyle	6:19.99