# **APEX Pre Competitive Swim Groups**

### **Turtle Transition Group**

Friday

Ends: Dec 19th

Start: October 3rd

5:00pm

Saturday

Starts: October 4th Ends: Dec 20th

1:00pm

Sunday

Starts: October 5th **Ends:December 21st** 

10:00am

#### **Dolphin Developmental Group**

Monday

Starts:Oct 6th Ends:Dec 22th

5:00pm

<u>Wednesday</u>

Starts:Oct 1st Ends:Dec17th

5:00pm

<u>Saturday</u>

Start:Oct 4th Ends: Dec 20th

12:00pm

**Sunday** 

Starts: Oct 5th Ends: Dec 21th

12:00pm

## Piranha Pre-team Group

<u>Tuesday</u> Starts:Oct 7th

Ends:Dec 23rd

5:00pm

**Thursday** 

Starts:Oct 2nd Ends: Dec 18

5:00pm

**Saturday** 

Start:Oct 4th

Ends: Dec 20th 11:00am

**Sunday** 

Starts:Oct 5th **Ends: Dec 21th** 

11:00am

### **SWIM FIT**

Monday Starts:Oct 6th **Ends:Dec 22th** 

4:30pm

<u>Wednesday</u> Starts:Oct 1st Ends:Dec 17th 4:30pm

Friday Start:Oct 3rd **Ends: Dec 19th** 

4:30pm

Sunday Starts:Oct 5th Ends: Dec 21st

1:00pm